## STUDY INFORMATION

## 1. Study Information

#### **Protocol Title:**

Testing the Family Stress Model in Sojourning Families: How Parent's Transition Stress Impact Child's Well-Being and Sociocultural Adjustment?

## **Principal Investigator & Contact Details:**

PD. Dr. Yoon Phaik Ooi Division of Clinical Psychology and Psychotherapy Faculty of Psychology Missionsstrasse 62 4055 Basel

Email: homeabroad@unibas.ch

# 2. Purpose of the research

- We would like to invite you to take part in our research.
- This survey research aims to investigate how the stress experienced by parents with regular international relocations impacts their child's well-being and sociocultural adjustment.
- Understanding the influence will help employers, researchers and clinicians to design targeted support mechanisms and interventions for globally-mobile families with children.
- This study will recruit 300 participants within 2 years.

### 3. What procedures will be followed in this study

If you agree to take part in this study, you will first need to confirm your eligibility:

- you are an employee in a mobile career or a partner/spouse with a predicted <u>international</u> <u>relocation</u> rhythm of 2-6 years due to employment;
- you are the caregiver of a minimum of 1 or more accompanying child(ren) between 7-17 years old;
- you do not hold the passport of your current host country;
- you understand and speak English.

You will then need to provide informed consent before proceeding to the online survey. The online survey will last for about 15 minutes at one sitting. You may answer the online survey at your own convenience.

# 4. Voluntary Participation

Your participation in this research study is voluntary. You can withdraw from the study at any time without any negative consequences by closing the webpage of the online survey. Your incomplete data will not be stored.

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### 5. Possible Risks and Side Effects

There are no known risks associated with this research study. However, the survey questions may trigger some unpleasant feelings.

#### 6. Possible Benefits

There is no known benefit from participation in this research study. However, your participation in this study will add to the scientific knowledge of our understanding of the needs and challenges of globally-mobile families. With this knowledge, we hope to be able to provide better support for this population.

# 7. Costs & Payments if Participating in the Study

As a token of appreciation upon completion of the survey, you will be able to download a pdf document that provides you tips and information on "Managing International Relocations for Sojourning Families".

# 8. Confidentiality of Study Records

Information collected for this study is anonymized and will be kept confidential. All data collected in this study are owned by the Division of Clinical Psychology and Psychotherapy, University of Basel. Throughout the entire study, strict confidentiality is ensured. The survey data will be archived and destroyed according to the University's standard procedures. In the event of any publication regarding this study, your identity will remain confidential.

## 9. Who To Contact if You Have Questions

If you have questions about this research study, you may contact the Principal Investigator, PD. Dr. Yoon Phaik Ooi at homeabroad@unibas.ch.