

Faculty of Psychology



## Home Abro

Understanding and supporting successful work-related relocation

**Recruitment of research volunteers for a scientific study on** Testing the Family Stress Model in Sojourning Families: How Parent's Transition Stress Impact Child's Well-Being and Sociocultural Adjustment.

## Testing the Family Stress Model in Sojourning Families: How Parent's Transition Stress Impact Child's Well-Being and Sociocultural Adjustment.

Background	Living within an international community comes with its unique challenges and opportunities. Big life changes can lead to adjustment difficulties and increased stress, which can be particularly demanding in an unfamiliar environment. Being away from home can be especially challenging for global mobile families, and extra support can ease this transition and reduce ongoing problems.
Aims	This survey research aims to investigate how the stress experienced by parents with regular international relocations impacts their child's well-being and sociocultural adjustment. You will need to answer an anonymized online survey which takes about 15 minutes. There are no known risks associated with this research study. However, the survey questions may trigger some unpleasant feelings.
	As a token of appreciation upon completion of the survey, you will be able to download a document that provides you tips and information on "Managing International Relocations for Sojourning Families".
How to participate	We are seeking English-speaking parents with children with a predicted international relocation rhythm of 2-6 years due to employment. If you decide to participate in this research study, please send us an email to receive the survey link.
	If you would like to receive more information, please see our <u>website</u> for a more detailed study description.
Study team	Our study team consists of highly qualified international and mobile psychologists who fully understand the unique challenges and constraints that international expatriates and their families face during regular relocations.
Contact	<u>homeabroad@unibas.ch</u> / <u>website</u> Division of Clinical Psychology and Psychotherapy Faculty of Psychology, University of Basel Missionsstrasse 62-64, 4055 Basel