



## **Update: *Anordnungsmodell***

### **Assumption of costs via the *OKP***

As of July 2022, the billing of psychological psychotherapy via the mandatory health insurance (*OKP*) has been made possible by a decision of the Federal Office of Public Health. The concrete implementation of this welcome change was a major administrative and regulatory challenge, which we have now overcome. Accordingly, the Center for Psychotherapy will offer billing via mandatory health insurance from January 2023.

The canton Basel-Stadt has adopted the transitional tariff of CHF154.80 per hour (CHF139.32 per hour for psychotherapists in training). This means that if you wish to bill psychotherapy via the mandatory health insurance, you will then be charged the corresponding rate.

If you are interested in psychotherapy and would like to bill it via the *OKP*, we would like to ask you to contact your health insurance company in good time and adjust the annual excess if necessary. Adjustments to the annual excess must be communicated to the health insurance companies by the last working day in November.

### **Procedure *Anordnungsmodell***

If you would like to bill your psychotherapy via the mandatory health insurance from 2023, please let us know by email ([psychotherapie@unibas.ch](mailto:psychotherapie@unibas.ch)). We will then send you the necessary documents. Please also let us know at an early stage whether you are self-paying or wish to bill via the mandatory health insurance.

For the *Anordnung* you can indicate to your physician the Center for Psychotherapy, Faculty of Psychology, University of Basel, Missionsstrasse 62, 4055 Basel. Our ZSR-Number is C770012, which is needed for the *Anordnung* form. We will then take care of the assignment of a suitable psychotherapist.

If you have any further questions regarding the *Anordnungsmodell*, please feel free to contact us at [psychotherapie@unibas.ch](mailto:psychotherapie@unibas.ch).