



University
of Basel

Faculty of
Psychology



Home abroad

Center for Psychotherapy

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Home abroad

Living within an international community comes with its unique challenges and opportunities. Big life changes can lead to adjustment difficulties and increased stress, which can be particularly demanding in an unfamiliar environment. Being away from home can be especially challenging for children and adolescents, and extra support can ease this transition and reduce ongoing problems.

Services

The Center for Psychotherapy at the University of Basel provides opportunities for change and better individual functioning, according to personal goals and values. We offer evidenced-based interventions and a panel of tools to help fit your needs. We are experienced in delivering professional care in the areas of depression, anxiety, social difficulties, stress management, behavioral problems, eating disorders, and attention deficit hyperactivity disorder.

Our team at the Center for Psychotherapy consists of highly qualified local and international psychotherapists who fully understand the unique challenges and constraints that international expatriates and their families face. We offer ambulant psychotherapy for children, adolescents, adults, and families in native English, French, German and Italian.

Fees and contact

Our fee is based on 2% of the monthly gross income of your family and ranges from a minimum of CHF 100 up to a maximum of CHF 200 for individual treatment per 50 minute sessions.

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