

Jana Nikitin
Publications (August 2020)

Peer-Reviewed Journal Articles

- Nikitin, J.**, Bühler, J. L., Weidmann, R., Wünsche, J., Burriss, R. P., & Grob, A. (accepted). Interdependence of approach and avoidance goals in romantic couples over days and months. *Journal of Gerontology: Psychological Sciences*.
- Nikitin, J.**, & Freund, A. M. (in press). Does focusing on others enhance subjective well-being? The role of age, motivation, and relationship closeness. *Psychology and Aging*. doi: 10.1037/pag0000489
- *Bühler, J. L., & **Nikitin, J.** (2020). Sociohistorical context and adult social development: New directions for 21st century research. *American Psychologist*, 75, 457–469. doi: [10.1037/amp0000611](https://doi.org/10.1037/amp0000611)
- Rahn, G., Martiny, S. E., & **Nikitin, J.** (2020). Feeling out of place: Internalized age stereotypes are associated with older employees' sense of belonging and social motivation. *Work, Aging and Retirement*. Advance online publication.
- Nikitin, J.**, Gong, X., Schoch, S., & Freund, A. M. (2019). Social motives, attributions and expectations as predictors of the decision to participate in a speed-dating event. *Motivation and Emotion*, 43, 610-624. doi:10.1007/s11031-019-09762-0
- Nikitin, J.**, & Freund, A. M. (2019). Habitual social goals and daily subjective well-being: The age-differential role of relationship closeness. *European Journal of Personality*, 33, 337-358. doi: [10.1002/per.2190](https://doi.org/10.1002/per.2190)
- Bühler, J. L., Weidmann, R., **Nikitin, J.**, Grob, A. (2019). A closer look at life goals across adulthood: Applying a developmental perspective to content, dynamics, and outcomes of goal importance and goal attainability. *European Journal of Personality*, 33, 359-384. doi: [10.1002/per.2194](https://doi.org/10.1002/per.2194)
- Martiny, S. E., & **Nikitin, J.** (2019). Social identity threat in interpersonal relationships: Activating negative stereotypes decreases social approach motivation. *Journal of Experimental Psychology: Applied*, 25, 117-128. doi:[10.1037/xap0000198](https://doi.org/10.1037/xap0000198)
- Nikitin, J.**, & Freund, A. M. (2019). The motivational power of the happy face. *Brain Sciences*, 9, 6. doi:[10.3390/brainsci9010006](https://doi.org/10.3390/brainsci9010006)
- Nikitin, J.**, & Freund, A. M. (2019). Who cares? Effects of social approach and avoidance motivation on responsiveness to others. *Personality and Social Psychology Bulletin*, 45, 182-195. doi:[10.1177/0146167218781335](https://doi.org/10.1177/0146167218781335)
- Job, V., Sieber, V., Rothermund, K., & **Nikitin, J.** (2018). Age differences in implicit theories about willpower: Why older people endorse a nonlimited theory. *Psychology and Aging*, 33, 940-952. doi:[10.1037/pag0000285](https://doi.org/10.1037/pag0000285)
- Nikitin, J.**, & Freund, A. M. (2018). Feeling loved and integrated or lonely and rejected in everyday life: The role of age and social motivation. *Developmental Psychology*, 54, 1186-1198. doi:[10.1037/dev0000502](https://doi.org/10.1037/dev0000502)

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- *Job, V., **Nikitin, J.**, Zhang, S. X., Carr, P. B., & Walton, G. M. (2017). Social traces of generic humans increase the value of everyday objects. *Personality and Social Psychology Bulletin*, 43, 785-792. doi:[10.1177/0146167217697694](https://doi.org/10.1177/0146167217697694)
- Nikitin, J.**, & Freund, A. M. (2017). Social motives predict loneliness in a developmental transition. *Swiss Journal of Psychology*, 76, 145-153. doi:[10.1024/1421-0185/a000201](https://doi.org/10.1024/1421-0185/a000201)
- Nikitin, J.**, & Freund, A. M. (2015). Adult age differences in frequency estimations of happy and angry faces. *International Journal of Behavioral Development*, 39, 266-274. doi:[10.1177/0165025414542838](https://doi.org/10.1177/0165025414542838)
- Valero, D., **Nikitin, J.**, & Freund, A. M. (2015). The effect of age and time perspective on implicit motives. *Motivation and Emotion*, 39, 175-181. doi:[10.1007/s11031-014-9453-y](https://doi.org/10.1007/s11031-014-9453-y)
- Schoch, S., **Nikitin, J.**, & Freund, A. M. (2015). Why do(n't) you like me? The role of social approach and avoidance motives in attributions following social acceptance and rejection. *Motivation and Emotion*, 39, 680-692. doi:[10.1007/s11031-015-9482-1](https://doi.org/10.1007/s11031-015-9482-1)
- Nikitin, J.**, & Freund, A. M. (2015). What you want to avoid is what you see: Social avoidance motivation affects the interpretation of emotional faces. *Motivation and Emotion*, 39, 384-391. doi:[10.1007/s11031-014-9459-5](https://doi.org/10.1007/s11031-014-9459-5)
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- Nikitin, J.**, Burgermeister, L. C., & Freund, A. M. (2012). The role of age and social motivation in developmental transitions in young and old adulthood. *Frontiers in Developmental Psychology*, 3:366. doi:[10.3389/fpsyg.2012.00366](https://doi.org/10.3389/fpsyg.2012.00366)
- Nikitin, J.**, & Freund, A. M. (2011). Age and motivation predict gaze behavior for facial expressions. *Psychology and Aging*, 26, 695-700. doi:[10.1037/a0023281](https://doi.org/10.1037/a0023281)
- Bowers, E. P., Gestsdottir, S., Geldhof, G. J., **Nikitin, J.**, von Eye, A., & Lerner, R. M. (2011). Developmental trajectories of intentional self regulation in adolescence: The role of parenting and implications for positive and problematic outcomes among diverse youth. *Journal of Adolescence*, 34, 1193-1206. doi:[10.1016/j.adolescence.2011.07.006](https://doi.org/10.1016/j.adolescence.2011.07.006)
- Nikitin, J.**, & Freund, A. M. (2010). When wanting and fearing go together: The effect of co-occurring social approach and avoidance motivation on behavior, affect, and cognition. *European Journal of Social Psychology*, 40, 783-804. doi:[10.1002/ejsp.650](https://doi.org/10.1002/ejsp.650)
- Freund, A. M., **Nikitin, J.**, & Ritter, J. O. (2009). Psychological consequences of longevity: The increasing importance of self-regulation in old age. *Human Development*, 52, 1-37. doi:[10.1159/000189213](https://doi.org/10.1159/000189213)
- Nikitin, J.**, & Freund, A. M. (2008). The role of social approach and avoidance motives for subjective well-being and the successful transition to adulthood. *Applied Psychology: An International Review*, 57, 90-111. doi:[10.1111/j.1464-0597.2008.00356.x](https://doi.org/10.1111/j.1464-0597.2008.00356.x)

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Book Chapters

- Nikitin, J., & Freund, A. M. (2019).** Adaptation process of aging. In R. Fernandez-Ballesteros, J. M. Robine, & A. Benetos (Eds.). *Cambridge handbook of successful aging* (pp. 281-298). Cambridge: Cambridge University Press.
- Freund, A. M., & **Nikitin, J.** (2018). Entwicklung im jungen und mittleren Erwachsenenalter [Development in young and middle adulthood]. In W. Schneider, & U. Lindenberger (Eds.), *Entwicklungspsychologie* (8. Auflage) (pp. 265-290). Weinheim, Basel: Beltz.
- Nikitin, J., & Schoch, S. (2014).** Social approach and avoidance motivations. In R. J. Coplan & J. C. Bowker (Eds.), *Handbook of solitude: Psychological perspectives on social isolation, social withdrawal, and being alone* (pp. 202-223). New York, NY: Wiley-Blackwell.
- Freund, A. M., Weiss, D., & **Nikitin, J.** (2013). Modelle der Handlungsmotivation zur erfolgreichen Entwicklung [Action-motivation models of successful development]. In L. Ahnert (Ed.), *Theorien in der Entwicklungspsychologie* (pp. 282-306). Heidelberg, Germany: Springer.
- Freund, A. M., & **Nikitin, J.** (2012). Entwicklung im jungen und mittleren Erwachsenenalter [Development in young and middle adulthood]. In W. Schneider, & U. Lindenberger (Eds.), *Entwicklungspsychologie* (7. Auflage) (pp. 259-282). Weinheim, Basel: Beltz.
- Freund, A. M., Riediger, M., & **Nikitin, J.** (2012). Successful aging. In R. M. Lerner, A. Easterbrooks, & J. Mistry (Eds.), *Comprehensive handbook of psychology: Volume 6: Developmental psychology* (pp. 615-638). New York, NY: Wiley.
- Nikitin, J., & Freund, A. M. (2010).** A motivational perspective on reactions to emotional faces. In A. Freitas-Magalhães (Ed.). *Emotional expression: The brain and the face* (Vol. 2, pp. 85-108). Oporto, Portugal: University Fernando Pessoa Press.

Books

- Nikitin, J. & Hennecke, M. (Eds.) (2017).** *Nevěřte tvůrčím a dalším 99 psychologických výzkumů*. [Don't trust the creative and other 99 psychological studies]. Praha, Czech Republic: Portál.
- Nikitin, J. & Hennecke, M. (Eds.) (2015).** *100 psychologische Denkfallen: Warum wir hinterher glauben, es vorher besser gewusst zu haben*. [100 psychological thinking traps: Why later we believe that we knew it all along]. Weinheim, Germany: Beltz.
- Nikitin, J. (2015).** *Adult social development: A motivational perspective*. Habilitation, University of Zurich.
- Nikitin, J. (2008).** *When wanting and fearing go together: The interplay of social approach and avoidance motivation*. Online-published dissertation, University of Zurich.